

# REIKI

*The Usui System of Natural Healing  
with Master Teacher Molly Deutschbein*

## Level One Classes

Sunday, 9:30 a.m. - 5:30 p.m. \$200  
you can choose

**February 11, 2018**

at Spirit Organic, 720 East Ave, Rochester, NY 14607

This Level One training is a complete 7 hour class which provides you with all the essential tools and knowledge needed to enjoy the practice of Reiki. The course includes:

- ❖ A Level One attunement which allows you to channel Reiki energy to heal yourself and others.
- ❖ Comprehensive information on the history and origin of Reiki.
- ❖ Basic information on the human energy field and the chakra system.
- ❖ Training in the elements of Reiki treatment for yourself and others.
- ❖ Hands-on instruction & practice devoted to giving & receiving a complete Reiki Level One session.
- ❖ A detailed training manual for future reference.
- ❖ Reiki Level One Practitioner Certification.

Molly Deutschbein is a **Traditional Usui Reiki Master Teacher, Biodynamic and Upledger Certified CranioSacral Therapist, licensed massage therapist and doula**, with many years of energetic healing experience. She is also a **trained herbalist and flower essence practitioner**.

Molly has been facilitating workshops and classes to empower people to care for themselves for more than twenty-five years.



**To register call or text 585-746-4682  
Email [molly@spiritorganic.net](mailto:molly@spiritorganic.net)  
or visit [www.SpiritOrganic.net](http://www.SpiritOrganic.net)**

**Registration for all classes requires a nonrefundable deposit of \$50.**

(Deposit can be applied to other Spirit Organic services or classes. Register with a friend and get a 10% discount)